

ARIANE GRUNDMANN

Keynote Speaker, Presenter, Facilitator, Expert for Transformation & Communication



Not for cowards:

Do not shy away from discovering

What would happen if breaking out of the rat race by trying harder was not successful? What can be discovered when you hold on to take a breath, and how can you make it work?

How can we react more confident to challenges in complex times instead of just running faster? Courageous strategies which help leave the rat race and hold on to reflect for a moment.

www.itokala.com/blog

Ariane Grundmann courageously confronts what others circumnavigate.

With accuracy and nonchalance she reflects our comfort and cowardice which prevents us from tackling the really great potentials. What makes us believe "when X happens, I will be successful and satisfied", only to find out that it is always our huge wish X which blocks our view to the smart and direct ways to success.

If you feel like being provoked and look forward to unusual brain jogging, this is the perfect keynote for you. Discover how you can exceed your limits and leave the beaten tracks of the rat race – with a nudge by Ariane Grundmann.

www.ariane-grundmann.com